



INTERNATIONAL SHOOTING SPORT FEDERATION
INTERNATIONALER SCHIESS-SPORTVERBAND e.V.
FÉDÉRATION INTERNATIONALE DE TIR SPORTIF
FEDERACION INTERNACIONAL DE TIRO DEPORTIVO

ISSF, Bavariaring 21, D-80336 München, Germany

All ISSF Member Federations

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Munich, 27.08.09 / BW

Re: Abbreviated Therapeutic Use Exemptions, TUEs for Asthma

Dear Member Federations,

This communique contains very important information on the revised Therapeutic Use Exemption process.

Every athlete, coach, and team doctor should be made aware of the information below.

We ask that you please circulate the following important information to all your shooters, their coaching staff and medical team.

Abbreviated TUEs (ATUE)

As from 1 January 2009, Abbreviated TUE application forms are no longer being used by any sporting organizations. If you have an existing ATUE which was completed before 1 January 2009, it remains valid until the earliest of the following dates:

- The expiration of the current ATUE
- 31 December 2009

In other words: ATUE will no longer be valid as of January 1, 2010.

Any athlete who currently has an ATUE must re-submit a new and complete TUE application form before December 2009.

Before your ATUE expires please follow the guidelines below!

If you need to use Glucocorticosteroids

The type of documentation you must submit for the use of glucocorticosteroids depends on the "route of administration" (how you administer or take the medication).

1. You must complete a full TUE application if you take Glucocorticosteroids by any of the following systemic routes:

- Orally – through the mouth, usually in the form of pills
- Intravenous injection – injected into a vein
- Intramuscular injection – injected straight into a muscle
- Rectally – into the rectum usually in the form of a suppository

If you have access to ADAMS, you can submit a full TUE application form through ADAMS. You should seek assistance in this task from your team doctor or treating doctor. You must then print off the form, have it signed by your doctor, attach a full medical file and send it to the ISSF if you are an international level shooter or to your NADO if you are a national level shooter.

You can also use the TUE form available on the ISSF website:

http://www.issf-shooting.org/antidoping/resources_for_athletes_coaches/therapeutic_use_exemptions.ashx
or go to www.issf-sports.org open the Anti-Doping Section, go to *Resources for Athletes & Coaches*, there click on *Therapeutic Use Exemptions*.

2. You must complete a *Declaration of Use* form if you take Glucocorticosteroids by any of the following non-systemic routes:

- Inhalation – through the mouth via an inhaler or "puffer"
- Intradermal injection – into the skin
- Epidural injection – into the spine
- Intra-articular injection – into a joint capsule
- Periarticular injection – around a joint
- Peritendinous injection – around a tendon

If you have access to ADAMS, you can submit your Declaration of Use form through ADAMS. You do not need to print off the form or send any additional documentation to the ISSF if you are an international level shooter or to your NADO if you are national level shooter.

If you do not have access to ADAMS, this form must be submitted to the ISSF if you are an international level shooter or to your NADO if you are a national level shooter.

3. You do not need to submit any documentation if you take Glucocorticosteroids by the following routes:

- Dermatological – on the skin
- Auricular - in or on the ear
- Buccal – inside the mouth (without swallowing)
- Gingival - on the gums
- Nasal - inside the nose, either by topical application or nasal spray
- Ophthalmic – on or in the eye
- Perianal – on or around the anus

If you need to take Beta 2 Agonists for Asthma

If you take Beta 2 agonists (salbutamol, formoterol, terbutaline or salmeterol) by inhalation for the treatment of asthma, you must submit a TUE for Asthma and a full medical file to confirm the diagnosis of asthma and/or its clinical variants. The medical file should include:

- A detailed medical history and clinical review
- Lung function test with spirometry
- Bronchodilator response
- Bronchial provocation tests

To assist your doctor in completing the correct tests, and providing the correct medical information, we suggest that he or she consults the WADA Guidelines on Asthma at www.wada-ama.org in the Therapeutic Use Exemption section.

If you have access to ADAMS, your application can be submitted via the TUE for Asthma form in ADAMS. As with whereabouts information, you can delegate a third party to enter this information into your ADAMS account. If you do not have access to ADAMS, you must submit the information to the ISSF if you are an international level athlete or to your NADO if you are a national level athlete.

If all of the required information for the use of Beta 2 Agonists for Asthma is attached to your submission in ADAMS you do not need to print off the file and send it signed to the ISSF. If you are an athlete, you can download the ADAMS TUE User Guide from the WADA website at www.wada-ama.org.

For international level athletes, if the TUE for Asthma is completed correctly with valid test results, the ISSF TUE Committee may grant an approval for up to 3 years and shall send you a confirmation thereof.

National level athletes should consult the rule of their NADO in this regard.

If you need to take any other medications

If you wish to apply for the therapeutic use of any other substance or method which is included in the Prohibited List, you must complete a full TUE application form and attach a complete medical file.

To assist your doctor in attaching the correct medical documentation we suggest that you access the WADA website to obtain guidelines on the medical information required to support several common medical conditions. www.wada-ama.org in the Therapeutic Use Exemptions section.

If you have access to ADAMS, you can complete and submit the TUE application form through ADAMS.

If you are included in the ISSF RTP, you should seek assistance in this task from your team doctor. You must also print off the form, ask your doctor to sign the form, attach the full medical file and send it by email, fax or mail to the ISSF to the attention of Ms. Barbara Wittmann.

If you do not have access to ADAMS, please request an ADAMS user account from Barbara Wittmann at ISSF Headquarters or from your NADO.

We remind you all once again that no TUEs will be accepted by the ISSF for the use of Beta-Blockers!

Submission requirements

All Declaration of Use form must be submitted to the ISSF or the NADO as soon as any substance starts being used and in all circumstances - prior to competition. Failure to do so will result in an anti-doping rule violation.

All TUE applications for ISSF athletes must be received by the ISSF at least 21 days before medication is commenced. Failure to do so will result in an anti-doping rule violation.

All TUE applications and Declaration of Use Forms submitted to the ISSF must be submitted in legible English. Written medical reports must also be submitted in legible English, although results of tests may be in the original language.

All national level athletes should contact their respective NADO for any clarifications on specific national submission requirements.

All international level athletes may send their applications to the ISSF by the following means:

By email: barbara@issf-sports.org

By fax: +49 89 544 355 44

By post: Barbara Wittmann

ISSF

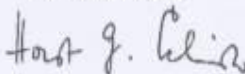
Bavariaring 21

80336 München, Germany

Please do not hesitate to contact Barbara Wittmann for any further clarifications.

We thank you for taking particular attention in this very important anti-doping matter.

With best regards



Horst G. Schreiber
ISSF Secretary General